

BGC Open Gym and Birthday Party Waiver/Release

We, the staff at Balance Gymnastics Center (BGC), recognize our obligation to make our guests aware of the risks and hazards associated with the sport of gymnastics and other activities at our facility. Anyone entering the facility may suffer injuries, possibly minor, serious or catastrophic in nature.

As parents/guardians I agree and promise to hold harmless and indemnify BGC or its employees in connection with any claims for personal liability, property damage, loss of valuables, etc.

I agree to adhere to all verbal and written safety rules during my time at BGC.

In the event that any damage to equipment or facilities occurs as a result of my or my family's willful actions, neglect or recklessness, I acknowledge and agree to be held liable for any and all costs associated with any such actions of neglect or recklessness.

As parents/guardians, I fully understand that BGC staff members are not physicians or medical practitioners of any kind. With the above in mind, I hereby release the BGC Staff to render first aid to my child or children in the event of any injury or illness, and if deemed necessary by the BGC Staff to call our doctor and to seek medical help, including transportation by a BGC staff member or its representatives, whether paid or volunteer, to any health care facility or hospital, or the calling of an ambulance for the child should the BGC staff deem this to be necessary.

What to wear at BGC: Please wear comfortable, athletic apparel or a gymnastics leotard.

Longer hair should be pulled securely away from your face for safety.

What NOT to wear at BGC: No socks, no baggy clothing, no jeans, no zippers, no buttons, no jewelry. Stud earrings are ok!

Please list any CHILDREN under age 18 entering the active gym area.

First Name	Last Name	Date of Birth
1.		
2.		
3.		
4.		
5.		

Parent/Guardian Print Name:	
Parent Guardian Signature:	
Date:	

EMERGENCY CONTACT INFO:

Name:	
Relationship:	
Phone Number:	